

# Concerned about a student?

Take a few minutes to review the five recommended pathways to support for any student that you are concerned about. The examples are a guide to the most appropriate pathway and not an exhaustive list. Please contact the Student Welfare Team for advice at any time [studentwelfare@reading.ac.uk](mailto:studentwelfare@reading.ac.uk).

## Emergency

Dial 999 > Alert Security 6300

- Imminent danger to self or others
- Suicidal intention (planning to act)
- Bomb or firearm threat
- Serious physical injury
- Terrorist activity

## Violence and abuse

Students can disclose and seek support at: [reading.ac.uk/NeverOk](https://reading.ac.uk/NeverOk)

- Sexual violence
- Relationship abuse and stalking
- Hate crime and harassment
- Online harassment or cyber-bullying
- Honour-based threat
- Spiking

## Cause for concern

[notificationofconcern@reading.ac.uk](mailto:notificationofconcern@reading.ac.uk)

- Potential Risk to self or others
- Erratic or disruptive behaviour
- Safeguarding
- Infectious diseases

## Radicalisation or risk of violent extremism

Email: [prevent@reading.ac.uk](mailto:prevent@reading.ac.uk)

## Financial difficulty

[studentfunding@reading.ac.uk](mailto:studentfunding@reading.ac.uk)

- Hardship
- Debt

For guidance on money matters refer students to [reading.ac.uk/money](https://reading.ac.uk/money)

## Wellbeing support

For wellbeing guidance refer students to: [reading.ac.uk/support-and-wellbeing](https://reading.ac.uk/support-and-wellbeing) including the Student Wellness Checker

- Emotional distress
- Depression or anxiety
- Loneliness or isolation
- Substance misuse
- Relationship issues

Teams are here to support students and advise staff weekdays, 9am–5pm in the Carrington Building. Bear in mind that we cannot guarantee to provide immediate responses.

For self-access guidance in non-emergency situations refer students to the wealth of useful information and contacts at [reading.ac.uk/support-and-wellbeing](https://reading.ac.uk/support-and-wellbeing), and [reading.ac.uk/money](https://reading.ac.uk/money).



### Student Welfare Team

0118 378 4777

[studentwelfare@reading.ac.uk](mailto:studentwelfare@reading.ac.uk)

### Counselling and Wellbeing Team

0118 378 4216

[counselling@reading.ac.uk](mailto:counselling@reading.ac.uk)

### Student Financial Support Team

0118 378 5555

[studentfunding@reading.ac.uk](mailto:studentfunding@reading.ac.uk)